

This conference was made possible by the support and commitment of so many people. Special thanks to the amazing team from the Center for the Application of Substance Abuse technologies (CASAT), the Office of Suicide Prevention, the NCSP Board of Directors, the Suncoast Hotel and Casino staff and all the volunteers for their support and dedication to bringing this program to Nevada. The Nevada Coalition for Suicide Prevention gratefully acknowledges our exhibitors:

### 2019 Nevada Suicide Prevention Conference Exhibitors

Thursday, October 17, 2019 &  
Friday, October 18, 2019

7:30 AM – 5:00 PM | Connect with Exhibitors

- American Foundation for Suicide Prevention (AFSP)
  - Compassionate Friends
  - Desert Parkway Behavioral
  - Destinations for Teens
  - Health Plan of Nevada Behavioral Health Department
  - Las Vegas Resiliency Center
  - Monte Vista Hospital
  - Nevada Council on Problem Gambling
  - Nevada Minority Health & Equity Coalition
  - Nevada Psychiatric Association
  - Overture Nevada
  - The Rape Crisis Center
  - Spring Mountain Treatment Center
  - TUFF Services
  - VA Southern Nevada Healthcare System
- Thank you to our Exhibitors!*

Thank you to our Sponsor  **Dignity Health.**  
St. Rose Dominican



## Connectiveness Matters: Integrating Systems to Promote Connectedness

October 17<sup>th</sup> and 18<sup>th</sup>, 2019

*The Nevada Coalition for Suicide Prevention (NCSP)*

*In partnership with*

*The Nevada Office of Suicide Prevention  
And  
CASAT*

Suncoast Hotel 9090 Alta Drive Las Vegas, NV 89145

The Nevada Coalition for Suicide Prevention is dedicated to partnering and collaborating with local and state individuals and organizations for the development and implementation of evidence-based suicide prevention, intervention, and postvention strategies and programs in the State of Nevada



## KEYNOTE SPEAKERS

**Shelly R. Hart, Ph.D., NCSP**, is an Associate Professor at California State University, Chico in the Department of Child Development and a Research Associate with Johns Hopkins University in the Bloomberg School of Public Health, Department of Mental Health.



**Suicide Prevention: Increasing Relational Capacity.** As humans, we are hardwired for relationships. When those relationships, particularly early in life, breakdown, there can be a negative impact on development of the brain and body. However, there is also tremendous opportunity for healing within our relationships. This discussion will explore suicide prevention through the opportunity relationships provide.

**Frank Campbell, PhD., LCSW, C.T.**, Campbell & Associates Consulting, LLC Executive Director Emeritus, Baton Rouge Crisis Intervention Center, National Suicidology Training Center (NSTC).



**Making Meaning of Your Loss and Helping our Youngest Survivors.** These presentations will consider the challenges of finding a positive meaning from a devastating loss. Suicide carries a significant stigma and the impact of this is often unknown to most of us until the manner of death is determined to be suicide. Because we all grieve differently and those differences can often create unintended consequences, a metaphor for accepting these differences will be offered. Dr. Campbell will also discuss how to help our youngest bereaved by suicide to grieve.

### **Faith-Based Suicide Prevention Efforts, Opportunities for All Faiths:**

**Reverend Bryan Ostaszewski**, Interfaith Ordained Minister and Chaplain for over 35+ years; **Hal Woomer, LTC, Chaplain**, NVARNG; **Reverend Anthony Nixon Sr.; Father John McShane, Parish Catholic Priest; Robert Henderson**, LDS Church.

**Rev. Matt Metevelis** Chaplain at Nathan Adelson Hospice.

**Music 4 Life: Judith Pinkerton, LPMT, Mt-BC**, is an author, radio show host, recording artist, and licensed board-certified music therapist. As a leading expert in music-based stress management, Judith empowers people globally to live differently.

**SMVF and Mayors' Challenge Panel:** The Governor's and Mayor's Challenges constitute a concerted national effort to help states and communities develop the capacity to implement interagency military/civilian action plans grounded in evidence-based suicide prevention practices.

**Kim Donohue**, Suicide & Homelessness Prevention Program Manager, Organizational Integrator, Nevada Department of Veterans Services

**Suicide Prevention in Corrections and Juvenile Justice Panel:**

**Captain Bill Teel**, Corrections Captain, Las Vegas Metro Police Department

**John Munoz**, Unit Manager, State of Nevada Youth Parole Bureau

**Sergeant Bryan Zink**, Public Information Officer, CCSD

**Caesar Lemos**, Executive Director, The Harbor, Juvenile Assessment Center

**Brian Fucile**, Clark County Detention Center

**First responders, Police and Fire panel:** Promoting mental wellness and peer support for first responders.

**Bryan Hartshorn**

**Cyndi Williams**, Police Employee Assistance Program, Las Vegas Metropolitan Police Department

**Brandon Cassinelli**, Police Officer, Reno Police Department/Marriage & Family Therapist Intern

**School and Community Resilience Panel:** Suicide Prevention and our efforts towards implementation of SB 204 and related issues.

**Christy McGill**, Director, Office of Safe and Respectful Learning Environments, Nevada Department of Education

**Joe Roberts**, Ed.S., NCSP. Coordinator IV, Psychological Services Department of Student Threat and Crisis Response

**Lived Experience Panel: Voices for the Way Forward:** Those with lived experience can be models of hope for others at risk for suicide and those bereaved by suicide loss. People with lived experience are crucial to prevention planning, treatment, and education, as their wisdom can contribute to improved care, enhanced safety, reduced attempts and deaths, and improved support for loss survivors.

**Bianca D. McCall**, Founder & Chief Executive Officer, Desert Rose Counseling Group, **Christian Everett**, **James Bean** HR Director, Las Vegas-Clark County Library District, **Anthony Marquez**

**Trauma and First Responders.**

**Trudy Gilbert-Eliot, PhD, LMFT, LCADC**, will explore the phenomenon of First Responder suicide including, causes/conditions and learn what is being done to prevent suicide in this vulnerable population. Additionally, resources for peers, family members, and professionals will be investigated with attendees to help them take an active role in providing support to the First Responders in their lives.

**Reducing Access to Lethal Means-Walk the Talk America:**

**Richard Egan**, Training and Outreach Facilitator, Nevada Office of Suicide Prevention, Division of Public and Behavioral Health

**Tom Mendenhall**, NCSP Suicide Prevention Instructor

**Mike Sodini**, Founder / Executive Director, WALK THE TALK AMERICA,

**Jake Wiskerchen**, MFT, Certified Counselor  
Paul Minnesota.

**Empowering Youth to Support Their Peers:**

**Alex Aide, JD.**, Director of Programs at Born This Way Foundation,

**Sergeant Desiree Mattice**, Safe Voice, Nevada Department of Public Safety

**Up and Coming Research in Nevada Suicide Prevention:**

**Lea Moser**, Suicide in rural and frontier Nevada: Understanding access, availability and acceptability of mental health care and services in Elko, Nevada.

**Amaris Knight, M.Ed.**, Assistant Research Analyst, NICRP, and Chair, Nevada Coalition for Suicide Prevention. **Signs of Suicide Evaluation**

**Kathryn Barker, MPH**, Senior Epidemiologist, Office of Epidemiology and Disease Surveillance, Southern Nevada Health District. **Using the Nevada**

**Violent Death Reporting System (NV-VDRS) for Suicide Prevention**

**Richard Egan, Relevant Nevada Data.**

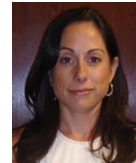
## KEYNOTE SPEAKERS

**David Covington, LPC, MBA, Zero Suicide and Crisis Now.** Mr. Covington serves as Chief Executive Officer and President of RI International (formerly Recovery Innovations), is a partner in Behavioral Health Link, co-founder of CrisisTech 360 and leads the international initiatives “Zero Suicide,” “Crisis Now” and “Peer 2.0.”



A licensed professional counselor, Mr. Covington received an MBA from Kennesaw State and an MS from the University of Memphis. Is it possible to prevent ALL deaths, even up to the last minute? Is suicide really a choice? Are individuals who end their lives psychologically weaker than the rest of us? Is suicide contagious? Our understanding of suicide has changed dramatically over the past decade, and the firsthand experiences of those who have been there and research data suggest...everything we knew about suicide was wrong.

**Stephanie Woodard, Psy.D.**



**Responsive and Resilient: Nevada’s Solution to Addressing Crisis.**

Dr. Woodard is the State Mental Health Authority and the Single State Authority for Substance Abuse. She provides oversight and quality assurance to behavioral health providers statewide; designs, plans, funds, and implements systems of care, including behavioral health prevention, early intervention, treatment and recovery support services; establishes funding priorities for behavioral health services and supports through close collaboration with communities and stakeholders; evaluates outcomes of behavioral health interventions; and guides policy and financing options across the Department of Health and Human Services.

### Schedule of Events for Thursday, October 17<sup>th</sup>, 2019

- 7:30 - 8:45am** Conference Center Hallway, Registration, Breakfast, Healthy Nevada Project
- 8:45 - 9:00am** Ballroom A&D, Conference Welcome, Misty Vaughan Allen, M.A. and Amaris Knight, M.Ed.
- 9:00 - 10:15am** Ballroom A&D, Keynote: **Suicide Prevention: Increasing Relational Capacity**, Shelley Hart, PhD, NCSP
- 10:15 - 10:30am** Break
- 10:30 - 11:45am** Ballroom A&D, Keynote: **Making Meaning of your Loss**, Dr. Frank Campbell
- 11:45 - 1:00pm** Ballroom A&D, LUNCH  
Luncheon Lived Experience Panel: **Voices for the Way Forward in Suicide Prevention**. Bianca McCall, Christian Everett, James Bean, Anthony Marquez
- 1:00 - 2:30pm** Breakout Sessions  
**1A-Madrid A: Trauma and First Responders:** Trudy Gilbert-Eliot, PhD, LMFT, LCADC  
**1B-Sunrise Room: Reducing Access to Lethal Means-Walk the Talk America**, Richard Egan, Tom Mendenhall, Mike Sodini and Jake Wiskerchen  
**1C-Ballroom C: Empowering Youth to Support Their Peers:** Born This Way Foundation: Alex Aide, Safe Voice, Desiree Mattis
- 2:30-2:45pm** Break
- 2:45- 4:15pm** Breakout Sessions  
**2A-Madrid A: Up and Coming Research in Nevada Suicide Prevention**, Lea Moser, Amaris Knight, Richard Egan  
**2B-Sunrise Room: Faith-Based Suicide Prevention Efforts, Opportunities for All Faiths**, Reverend Bryan Ostaszewski, Reverend Matt Metevelis, Chaplain Woomer, Reverend Anthony Nixon Sr. and panel  
**2C-Ballroom C: Helping Our Youngest Survivors**, Dr. Campbell
- 4:15-4:30pm** Break
- 4:30 - 5:15pm** Ballroom A&D: **Music 4 Life**, Judith Pinkerton, LPMT, Mt-BC

### Schedule of Events for Friday, October 18<sup>th</sup>, 2019

- 7:30 - 8:30am** Conference Center Hallway, Registration, Breakfast, Healthy Nevada Project
- 8:30 - 8:45am** Ballroom A&D, **Welcome to Day 2**, Amaris Knight, M.Ed. and Misty Vaughan Allen, MA.
- 8:45 - 9:30am** Ballroom A&D, Keynote: **Responsive and Resilient: Nevada's Solution to Addressing Crisis**, Stephanie Woodard, Psy. D., DHHS Senior Advisor on Behavioral Health
- 9:30 - 10:30am** Ballroom A&D, Keynote: **Zero Suicide**, David Covington, RI International
- 10:30 - 11:00am** Break
- 11:00 - 11:45pm** Ballroom A&D, Keynote: **Crisis Now**, David Covington, RI International
- 11:45 - 1:15pm** Lunch: Ballroom A&D, Video:
- 12:15-5:00pm** Sunrise Room: **Crisis Now Summit: Invite Only (participants grab lunches and proceed to Crisis Now Track)**
- 1:15-1:30pm** Transition to Breakouts
- 1:30 - 3:00pm** **3A-Ballroom A&D: SMVF and Mayors' Challenge Panel**, Kellee Nash and Kim Donohue  
**3B-Madrid A: Suicide Prevention and Juvenile Justice Panel**, John Munoz, John Sivia, Caesar Lemos, Bill Teel
- 3:00 - 3:15pm** Break
- 3:15 -4:45pm** **4A Ballroom A&D: School and Community Resilience**, Christy McGill, Joe Roberts, Ed.S,  
**4B Madrid A: First Responders Panel**, Brandon Cassinelli, Bryan Hartshorn

**4:45-5:00**

**Closing Remarks: Remain in breakouts  
Ballroom A&D and Madrid A**